
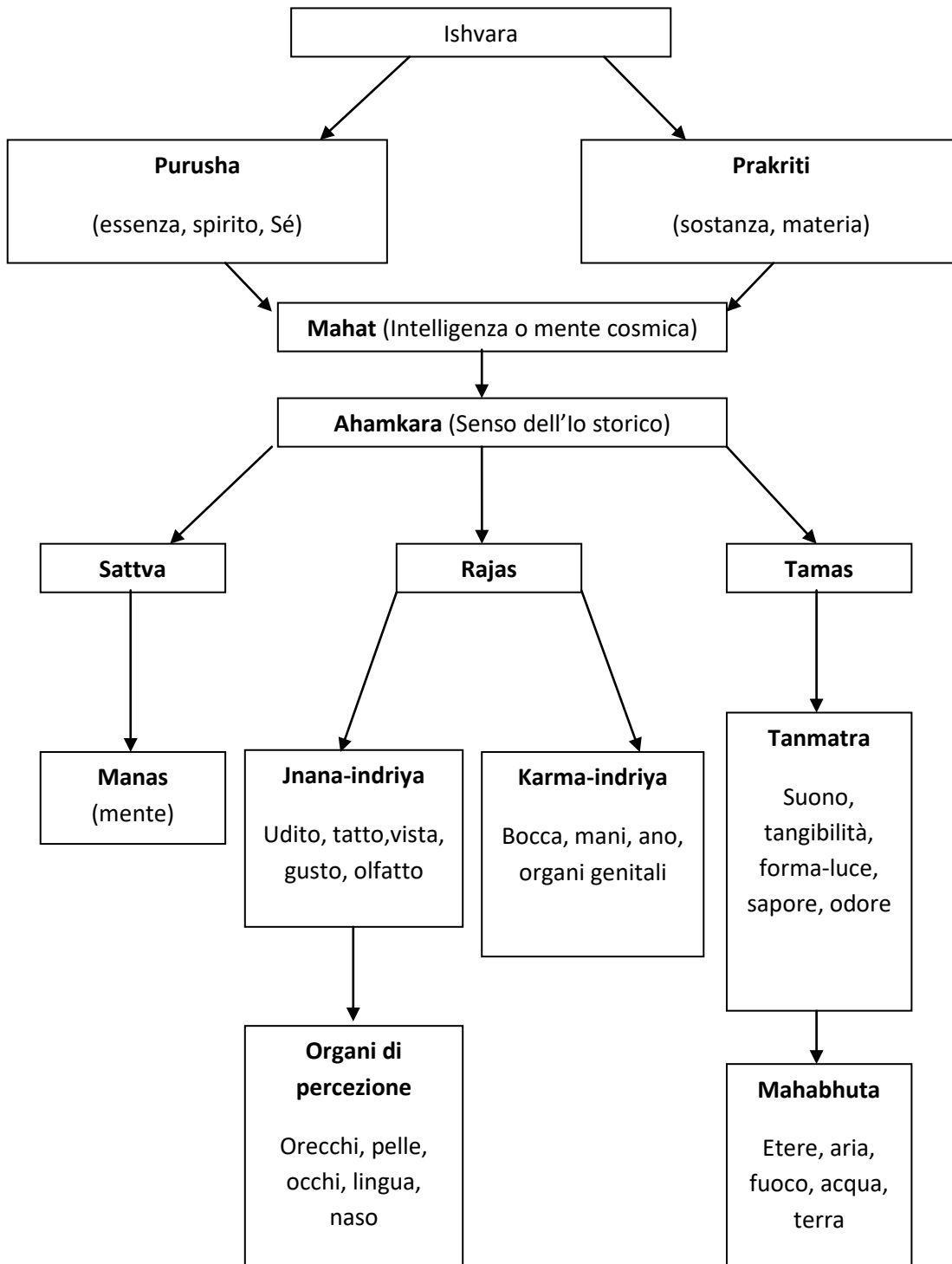
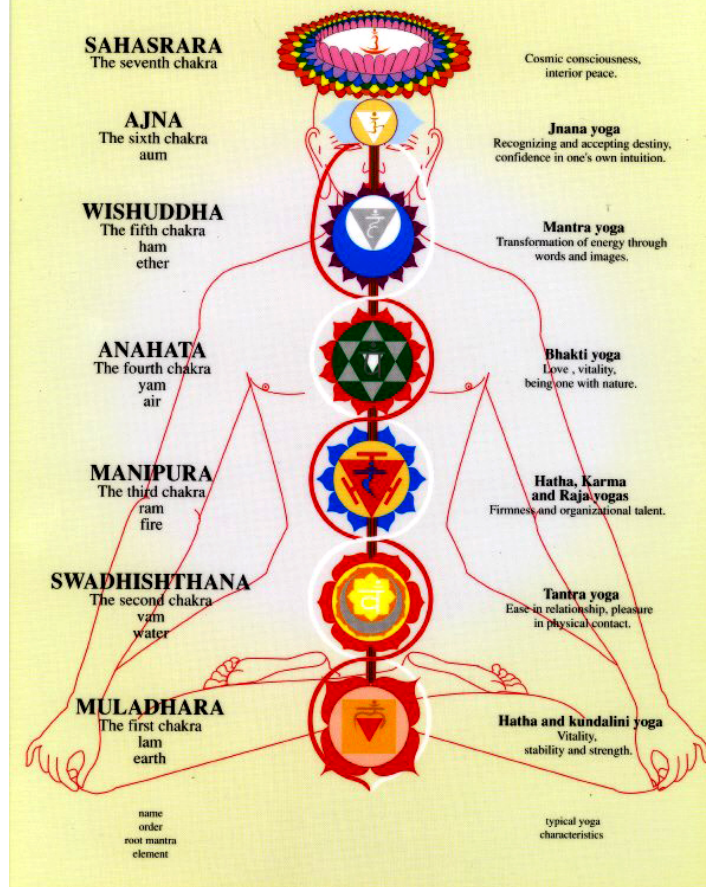
 相生 / Generating Interaction  
 相克 / Overcoming Interaction

**Ayurveda e psicologia del Samkhya**



# THE CHAKRAS



# Ayurveda

five elements and three doshas



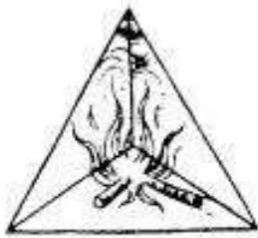


Fig. 1.2: tetraedro-fuoco

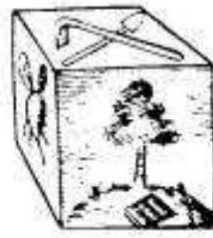


Fig. 1.3: cubo-terra

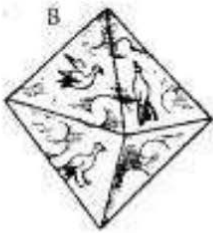


Fig. 1.4: ottaedro-aria

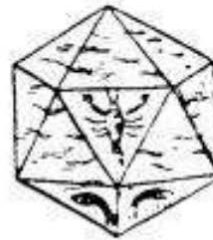


Fig. 1.5: icosaedro-acqua

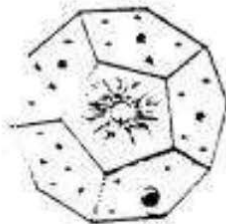
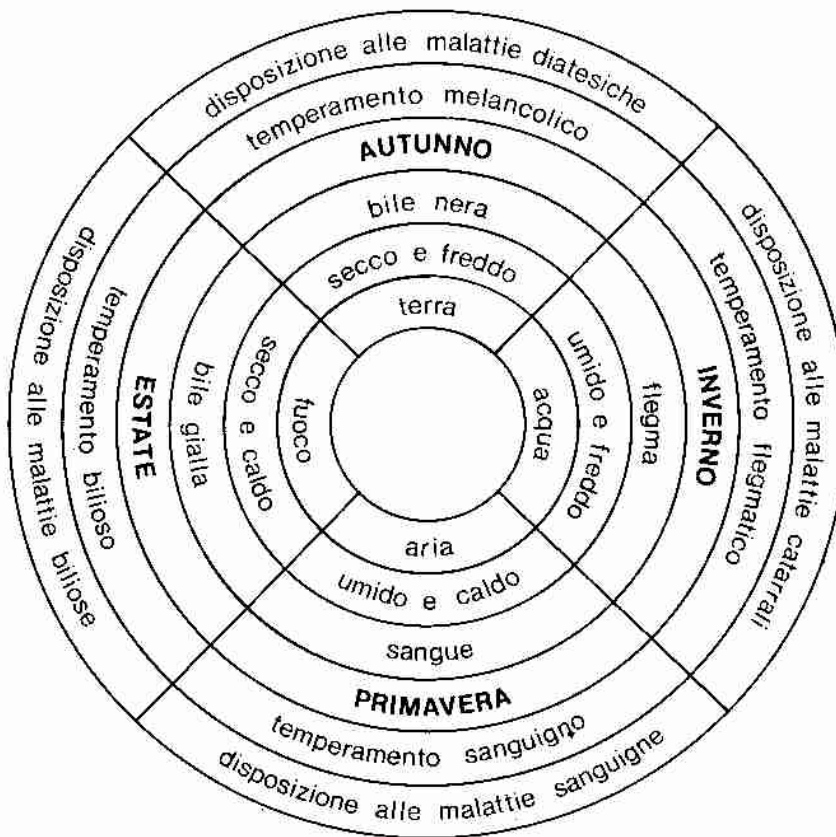
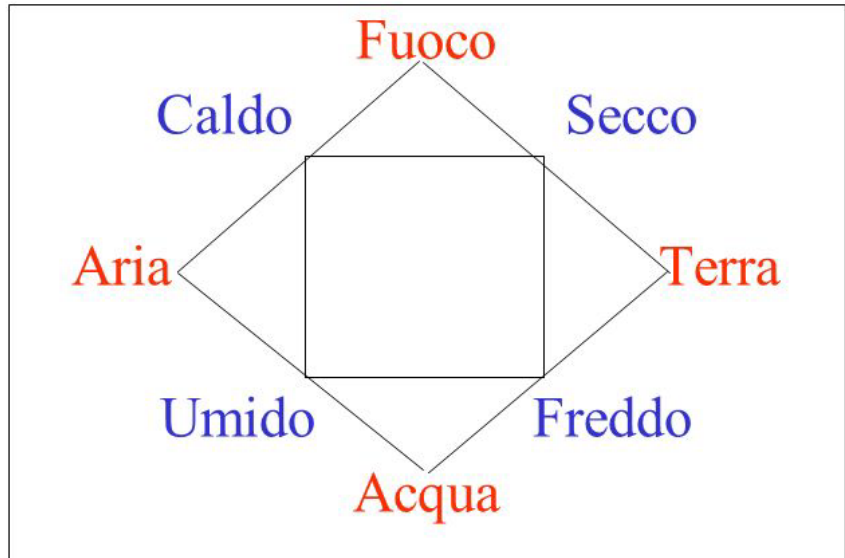


Fig. 1.6:  
dodecaedro-quintessenza

Il mondo può essere spiegato con **4 elementi** che mescolandosi in diverse proporzioni formano le diverse proprietà della materia, come i colori.

Le **qualità** caldo, secco, freddo e umido sono la chiave per le trasformazioni.

Questa impostazione è rimasta sostanzialmente inalterata fino a Lavoisier





**Air**



**Earth**



**Water**



**Fire**

