



## AN ECOLOGY OF MIND

### A brief journey into the life and work of Gregory Bateson and the “double bind challenges” of our own experience

**Gregory Bateson** (1904-1980) has been acclaimed as one of the most influential and transdisciplinary thinkers of the twentieth century, whose passion and approach still connect people, scholars and practitioners of greatly different backgrounds. He moved between and within diverse research-fields, producing relevant works in family therapy, mental health and social work, biology and zoology, information technology, organization and communication theory, and ecological sustainability where he identified the danger of global warming since the mid-1960s.

As Bateson’s thinking still continues to challenge our own assumptions and the way we learn them, the seminar aims to take a step into this challenge by proposing a reflection around one of the most representative examples of his interdisciplinary and topicality: the concept of **double bind**.

#### The seminar includes:

- Watching the film "An Ecology of Mind" by Nora Bateson
- Introduction to Bateson's work and to the concept of "double bind" and its applications
- Debate and discussion in groups based on one's own experiences
- Conclusions on perspectives of study and application

The Seminar is held by Matteo Villa, Associate Professor in Economic Sociology at the Department of Political Science, University of Pisa, and currently Visiting Professor at the University of Agder. He has for long been interested in the life and work of Gregory Bateson reworking some of his contributions in the fields of social policies, welfare sustainability, organizational, participatory and exclusion processes, and in action-research.



**Time:** Tuesday October 30. 2018 at 14.15 – 18.00

**Place:** University of Agder, Faculty of Health and Sport Sciences, Gimlemoen, Room IU-001.

There will be served something to eat during the seminar, hence, we need you to **register** before October 25. by sending an email to [anne.m.hoigilt@uia.no](mailto:anne.m.hoigilt@uia.no)